

COME & GIVE IT A GO



TIME TRIAL



Sunday 4 & 11 August 2013

at 2pm Woodseaves, Stafford

Stafford Road Club is again hosting its 2 annual 5 mile Time Trial events aimed at encouraging new riders into the sport of cycling. Over the last few years more than 700 riders of all ages and abilities have taken part in these events.

So do not worry if you are not a member of a club or have never ridden a time trial before, this day is geared to cater for the complete novice as well as more experienced riders.

So if you dream of riding for the Sky Team alongside **Mark Cavendish** and **Chris Froome** then this is where it all starts. Entry is on the day, but as these events have in the past proved to be very popular, we are taking provisional bookings from anyone who is interested in riding to secure their place.

The entry fee is £3 with under 18's receiving a free water bottle. Prizes will also be awarded on the day to some of the fastest novice riders.

Signing on will be from 12.30pm in the HQ (Great Bridgeford Village Hall, ST18 9PR). Like the Tour De France, riders will set off at 1 minute intervals with the first rider starting at 2pm. Please allow up to 30 minutes to ride from the HQ to the start. The minimum age for entrants is 12 and any rider under the age of 18 must bring with them a signed parental consent form and wear a cycling safety helmet. Refreshments will be available before and after the event

Please log onto www.staffordrc.org for more details on this event, course map, [Parental Consent form](#) and any further updates.



Alternatively contact Alastair at
webmail@staffordrc.org or on 01785 253 691
For more information.



We hope to see you all there for a fun day out on your bike!